



SEPTEMBER 2025



"Is it 'Autumn' or 'Fall'?"

The Weather Channel By Chris Dolce • September 4, 2024

Fall and autumn are often used interchangeably to describe the third season of the year. But did you know there's a difference in their original meanings?

"Fall" is about leaves tumbling from trees: The term came about in the 1600s as shorter way to say "the fall of the leaves", according to Merriam-Webster dictionary. This is probably the most straightforward of the two words because it goes hand in hand with changing colors of deciduous trees and their eventual shedding of leaves.

"Autumn" has a longer history: It was first used in the 1300s and has its roots from the Latin word "autumnus". Autumn then replaced the word harvest to describe the time between summer and winter.

KYLEE Cooks Pumpkin Spiced Latte

INGREDIENTS

- 1 CUP MILK
- ¼ CUP PUMPKIN PUREE
- ¼ CUP MAPLE SYRUP (LESS IF YOU DON'T LIKE IT SWEET!)
- 2 TEASPOONS PUMPKIN PIE SPICE
- 4 OUNCES SHOTS ESPRESSO

OPTIONAL

- WHIPPED CREAM AND CINNAMON

DIRECTIONS

IN A SMALL SAUCEPAN, WHISK TOGETHER THE MILK, PUMPKIN PIE SPICE, MAPLE SYRUP, AND PUMPKIN PUREE. HEAT GENTLY OVER MEDIUM LOW HEAT UNTIL THE MIXTURE COMES TO A SIMMER, WHISKING REGULARLY. DO NOT BOIL! BREW SOME ESPRESSO OR STRONG COFFEE AND ADD IT TO A LARGE CUP. YOU WILL NEED A DOUBLE SHOT (4OZ) OF ESPRESSO. POUR THE MILK MIXTURE OVER THE TOP OF THE COFFEE AND MIX. DECORATE WITH WHIPPED CREAM AND A LITTLE EXTRA PUMPKIN PIE SPICE OR CINNAMON. ENJOY!

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September's designation as Alopecia Awareness Month provides a platform for individuals affected by alopecia and those who support them to come together, share knowledge, and foster understanding. It is a time to celebrate the strength and resilience of individuals with alopecia and to promote awareness within our communities.

Click the button below to learn more from our Certified Genetic Counselor Miavonna Craig from Delta Kappa Chapter. "She knows DNA".



“NOT FOR OURSELVES, BUT FOR OTHERS”



September 5, 2025 with SHAD Ron
Carter
President of the National Council of SHADs



Question: What is your vision for the National Council of SHADs as we move forward and how do you plan to accomplish this?

Answer: I envision growth in numbers for the National Council of SHADs. I want to get all of the current SHAD members actively engaged and involved on a consistent basis.

Short Term- My desire is to get ALL active SHAD members on a Zoom call on a regular basis to discuss growth plans and recruitment.

Question: We see that a very beautiful brochure has been created, how do you plan get the brochures into the hands of prospective members?

Answer: Brochures will be sent to the Regional Directors of Eta Phi Beta Sorority, Incorporated. Soror Carter will assist in getting the stacks in the mail. I would also like to continue the use of technology by making the brochure available on the Eta Phi Beta Sorority, Incorporated website.

Question: How can the sorors of the chapters and regions be of assistance to the National Council of SHADs?

Answer: Spread the word that the National Council of SHADs are looking for men that want to make a difference. I would like to get all men on a Zoom call to introduce the National Council of SHADs to them.

Question: What would you like for us to know about you and your background? Your goals and aspirations.

Answer: My background in warehousing operations serves as a foundation on leading the National Council of SHADs. I am a firm believer that a group of motivated men can accomplish any goals we desire to reach. By tapping into each individual key strength, we will propel to successful wins in every endeavor.

Question: In a perfect world, what would be the ideal number of members for the National Council of SHADs?

Answer: In a perfect world, the number is infinite.



Difference Between Policy and Procedure

Policy and procedure are two essential components of any organization's framework. While they may seem similar, they serve distinct purposes and have different attributes.

Policy

DEFINITION

Policy refers to a set of guidelines or principles that outline the organization's goals, objectives, and overall direction. Policies are high level and set the overall direction. In summary, policies provide the "what" or the "why".

CRITERIA

Policies provide a broad framework for decision-making and help establish a consistent approach to various issues.

Where the Constitution and Bylaws are involved, policies establish the standard(s).

Policies are typically broad in nature and are designed to be flexible enough to accommodate various situations and scenarios.

Policies are non-negotiable (mandatory)

Policies change infrequently.

Policy Tells "what" should be done, and sometimes "why."

Procedure

DEFINITION

Procedures are specific steps or actions that need to be followed to achieve a particular outcome. Procedures ensure that the policies are implemented effectively.

CRITERIA

Procedures provide detailed instructions on how to carry out tasks or processes in a standardized and efficient manner.

Where the Constitution and Bylaws are involved, procedures establish the steps to be taken in carrying out the standard(s).

Procedures outline the step-by-step instructions or actions required to carry out a particular task or process within an organization

Procedures may be "customizable" and adaptable.

Procedures may be changed as needed to improve efficiency.

Procedures tell "how" something should be done, "who" should do it, "when" it should be done, and/or "what" steps should be taken.

**GET
READY**

37th Biennial



I am thrilled to invite you to our 37th Biennial Grand Boulé of Eta Phi Beta Sorority, Incorporated where our guiding motto, “Not For Ourselves, But For Others,” continues to inspire us in all that we do. This remarkable gathering serves as a testament to our legacy of connecting, growing, service, empowerment, and unity.

Thank you to the Northern Region for hosting this Grand Boulé.
Thank You to the Boulé co-chairs - Soror Regina Finley and Soror Nicole Owens.
Thank you to our Boulé Event Planner, Director Maude Holt, and
Thank You to our Grand 1st Anti-Basileus Juanita Jones for your continued support.

This Boulé will offer inspirational initiatives, engaging programs, and reimagined opportunities to make a lasting impact in the Detroit/Troy community - all while handling the business of the sorority and setting the strategic direction for the next four years.

Call for Volunteers

I extend my heartfelt gratitude to all our dedicated Boulé Chair volunteers, whose efforts make this event exceptional. As we embark on this transformative journey, we invite more volunteers to join us in reimagining and enhancing our programs and service to the community. Your contributions and participation will be invaluable in shaping the future of our sorority. Please remain aware of the deadline for volunteers - December 31, 2025.

Together, let us forge ahead with purpose, creativity, and a shared sense of responsibility.

I look forward to welcoming you to our inspiring event and celebrating our collective achievements.

[CLICK HERE](#)

to view the
Boule 2026 Official Call

[CLICK HERE](#)

to view Boule 2026 Frequently
asked Questions

[CLICK HERE](#)

to view Boule 2026 Committee
-Chairs sign-up

“NOT FOR OURSELVES, BUT FOR OTHERS”

Reminders

Upcoming Regional Conferences

Please consult your weekly announcements for ads, hotel information and registration links

ETA PHI BETA SORORITY, INCORPORATED



35th

**BIENNIAL
NORTHERN REGION
CONFERENCE**

**PHENOMENAL
WOMEN
MOVING
FORWARD**

**OCTOBER 9-12, 2025
DAYTON, OH**

REGISTER TODAY!

DOUBLETREE BY HILTON
2800 PRESIDENTIAL DR.
FAIRBORN, OHIO 45324

**ETA PHI BETA SORORITY,
INCORPORATED**



You are invited!

**30th BIENNIAL
EASTERN REGIONAL
CONFERENCE**

October 30, 2025 - November 2, 2025
Cambria Hotel Arundel Mills
BWI Airport 7700 Milestone Parkway
Hanover, Maryland 21076

**Theme: "Sisterhood Unifying Through The
Spirit of Joy and Kindness"**



Last Day for Reservation: October 1, 2025
Registration Fee: \$200 includes breakfast and the banquet. The hotel rate: Rate: \$159 plus 14% tax per night for Singles and Doubles

Telephone: 443-737-4498 FAX: 410-799-0485
Sorors Discount Code: Eta Phi Beta Sorority

ETA PHI BETA SORORITY, INCORPORATED
KAPPA CHAPTER LOS ANGELES
HOST CHAPTER

30th Biennial
Western Regional Conference

Theme
"Our Sisterhood, An Inclusive Sorority"

Stay Connected
Regional & National News - Diversity, Equity, and Inclusion (DEI) - Nuts and Bolts - Strategic Planning - IDD
Scholarships Charitable Givings

November 13 -15, 2025
8:00am Daily PST - Refer to conference schedule

Register Now
Conference Registration: \$150
Hotel: \$241 + tax per night
King or Double Occupancy
Merits & Awards Luncheon: \$110



Book Hotel Now
Marriott Long Beach Downtown
111 East Ocean Blvd.
Long Beach, CA 90802
562 437-5900
Click Here for Marriott Hotel Booking



Kerri Sadler, 30th Biennial Western Regional Conference Chair
Cassandra Harris, Host Chapter President
Barbara Smith-Mustin, Western Regional Director
Sonda Bradfield, National President



**ETA PHI BETA SORORITY,
INCORPORATED**

33rd Biennial

SOUTHERN REGION CONFERENCE

**Theme: "Eta Phi Beta Women Moving Forward-
Connecting, Growing, and Serving"**

November 27 - 30, 2025

Hyatt Regency Dallas
300 Reunion Boulevard
Dallas, Texas 75207



**REGISTER NOW
DEADLINE NOV 4th**



Jodie Jenkins Oliphant
Director



Jacqueline Thibodeaux Horne
Assistant Director



Mahalia Kirk - Host Chapter President
Sonda Bradfield - National President

Upcoming in the October Issue

- [IRS Reporting Information](#)
- [National Founders Day Observance](#)
(Click here for registration information)
- [CLICK HERE](#)
- [October monthly observances](#)
- [Flu Awareness information](#)
- [Food for thought](#)
- [Pumpkin Recipes](#)
- [More](#)

"NOT FOR OURSELVES, BUT FOR OTHERS"